

ACUMAG

**PROFESSIONAL DEEP TISSUE
MASSAGER II**



Instruction Manual

Please Read This Instruction Manual Carefully Before Use

The massage on each area should not exceed more than 3-5 minutes.

The massage session should not be more than 20 minutes.

- DO NOT use while taking shower or bath.
- DO NOT place or store appliance where it can fall or be pulled into a tub or sink.
- DO NOT place in or drop into water or other liquid.

- TO REDUCE THE RISK, ELECTROCUTION, FIRE OR INJURY TO PERSON:

- An appliance should NEVER be left unattended when plugged in. Unplug from outlet when not in use.
- Close supervision is necessary when this appliance is used by, or near children.
- Use this appliance only for its intended use as described in this manual.

DO NOT use attachments not recommended by Acumag specifically any attachments not provided with the unit.

- NEVER operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, Return it to Acumag for examination and repair.

Caution : In case of pregnancy, illness, consult your doctor before using massager.

Caution : All servicing of this unit must be performed by authorized service personnel only.

- DO NOT use on or near eyes or other highly sensitive areas.
- DO NOT carry this appliance by supply cord or use cord as handle.
- DO NOT use the massager on one concentrated area of the body percussion massagers are designed to be used in a continuous motion, constantly changing the massage area.
- To disconnect, turn all controls to the "OFF" position, then remove plug from outlet.

SAVE THESE INSTRUCTIONS

Caution - Please read all instructions carefully before operating.

- If you have any concerns regarding your health consult your doctor before using this product.
- Individuals with pacemakers should consult a doctor before use.
- NEVER leave the appliance unattended, especially if children are present.
- NEVER cover the appliance when it is in operation.
- DO NOT use this product for more than 20 minutes at a time. Should this occur, discontinue use and allow the unit to cool before operating.
- NEVER use this product directly on swollen or inflamed areas or skin eruptions.

- This unit should not be used by children without adult supervision.
- Use of this product should be pleasant and comfortable. Should pain or discomfort result, discontinue use and consult your physician.

Instructions for Use

1. This unit is powered by and comes with a UL-approved cord. And insert plug into 240-volt household electrical outlet to power unit.
2. To switch the massager on press the switch.
For desired massage, for a strong massage push switch foreword, for gentle massage push switch backward.
3. The massage on each part should not exceed more then 3 minutes, and 20 minutes should be appropriate for each session.
4. The massager helps to provide slow, steady pounding action to relax and revitalize.
It provides intense massage action to penetrate and soothing.
5. Gently apply massage heads to the area you wish to treat, and move slowly in a circular motion.
6. Treat the target area for a short period of time, and then move to another area. NEVER treat the same area longer than 3-5 minutes.

7. CAUTION: As stated in the "IMPORTANT SAFEGUARDS" section this manual, NEVER use this appliance on or near the eyes, or other highly sensitive areas.

8. The massage session not more than 20 minutes recommended.

When treatment is completed, switch the unit off and unplug the power supply. Store the unit properly in a cool, dry place.

Maintenance

To Clean

- Be sure to unplug the unit and allow it to cool before cleaning. Use a soft slightly damp cloth to wipe. NEVER allow water or any liquids to come into contact with the massager.

To Store

- Unplug the massager from the socket allow it to cool before storing in dry place. DO NOT hang the unit by the power cord.

Specifications

PROFESSIONAL DEEP TISSUE MASSAGER II

N.W.:1KG POWER:25W VOLTAGE :220-240V

R.P.M:3000

ORIGINAL HEADS



It is specially designed for deep penetration of the muscle tissue. It breaks down the lactic acid build up in the muscle tissue, thus reduce tension and increase mobility. It has been designed to work along the spine.

POINTED HEADS



FOR Deeper treatment replace the Original Heads with Pointed heads by unscrewing.

FLAT HEADS ATTACHMENT



Place the flat heads attachments on top of the original heads. Ideal for using on Abdomen and feet area (Reflexology).

NOBBLED HEADS ATTACHMENT



Place the nobbled heads attachments on top of the original heads It is good for cellulite and immediate pain relief. It gives fewer penetrations but greater stimulation to the skin surface. Excellent for toning.

SOFT HEADS ATTACHMENT



Place the soft heads attachments on top of the original heads. Ideal for KNEE PAIN, TENNIS ELBOW, NECK PAIN, ARTHRITIS, MULTIPLE SCLOROSIS & FIBROMYALGIA.

It is excellent for Lymphatic drainage, Head Massage and Elderly Person.

HOW TO USE THE ATTACHMENTS



TO REMOVE THE HEADS, PULL THE ATTACHMENT.

NECK PAIN



Use the soft heads with the slow speed. Gently run the massager up and down.

SHOULDER PAIN



Use the Pointed or Nobbled heads on the shoulder blade and the clavicle area for about 2-3 minutes.

BACK PAIN



Use the massager with the original or nobbled heads along the spine from end of the base of the neck to the end of the lower back and also along the pelvic area to and fro.

ABDOMEN

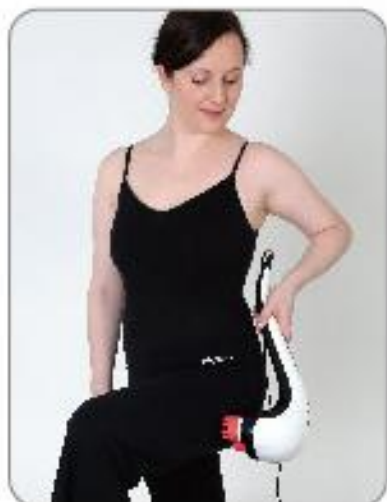


Use the massager with flat heads on the stomach with slow speed. Please do not use it after the meal. Allow 60 minutes before you use it.

Move the massager side to side in circular motion.

It helps with the digestion and toning abdomen.

CELLULITE



Use the massager with NOBBLED or FLAT heads along the hips, thighs and legs for cellulite treatment.

REFLEXOLOGY



Place the flat or nobbled heads on the massager.

Use the massager on the feet as shown in the picture between 3-5 minutes.

SCIATICA



Use the massager with the ORIGINAL the heads or POINTED with high speed along the lower back area, then on the hip area and along the back of the leg to the ankle.

LEG PAIN



Use the massager with flat or original heads with high /slow speed along the leg and calf. If you have veraciou sveins please use soft heads with the slow speed.

KNEE PAIN



Use the massager with the SOFT OR FLAT heads with slow or high speed before and after the knee in front and back of the knee then around the knee.

HEAD MASSAGE :

Please use the massager with soft heads on the head with the low speed.

If you find vibrations strong. Then place the towel on the head to reduce the intensity.

HAND MASSAGER:

Place the massager on your lap then run your hand up and down on the heads of the massager with the soft heads.



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